

# The Bell Surgery Carers Support Session



Monday 14th October 2019  
2.30 – 4.30 pm

Christ Church Centre  
46 Reading Road,  
Henley on Thames  
RG9 1AG

To book your space contact us  
on 01491 843250 or e mail  
[thebellsurgery@nhs.net](mailto:thebellsurgery@nhs.net)

The Bell Surgery Patient Participation Group (PPG) invites you to an informative, free Carers Support session.

- Do you care for a loved one and need support?
- Do you need advice, information or want to meet other people in similar circumstances?

This talk will provide practical information and advice on what support is available to help you care for your loved ones.

Come and meet a range of professionals for a cup of tea and support.

**The talk is FREE and open to all.**



# The Bell Surgery Carers Support Session



When arranging care for someone it is important to know what your options are and also to plan for the emotional, financial and practical aspects that being a carer involves.

## The Talk will cover:

- What options are available to help care for a loved one?
- Carer's Essential Check list
- A Day in the life of a live-in carer
- Emergency Support

**There will be the opportunity for a chat over refreshments at the end of the talk.**

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