



The Bell Surgery Health Talks

Pain Management



The Bell Surgery invites you to a free informative talk about Pain Management.

The talk will be delivered by Dr Husham Alshather & Dr Deepak Ravindram alongside a Nurse and a Psychologist from the Pain Medicine Unit at the Royal Berkshire NHS Foundation Trust.

The talk will cover:

- Chronic Pain Service in the Royal Berkshire Hospital
- An update on Fibromyalgia
- Acute Pain Service in Royal Berkshire Hospital
- The multidisciplinary approach to pain management
- An overview of the support and advice available from the Pain Medicine Unit

Tuesday, 30 October 2018
at 6-8pm

The Maurice Tate Room,
Townlands Hospital, York
Road, Henley on Thames
RG9 2EB

To confirm your space please contact the Bell Surgery on 01491 843250
or email thebellsurgery@nhs.net



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- The Pain Medicine Unit provide a comprehensive pain management service for adults with acute and chronic (persistent) pain.
- The team is a multi disciplinary team consisting of doctors, nurses, physiotherapists and psychologists.
- They provide an inpatient acute pain service as well as outpatient chronic pain management. Alongside the recently established Integrated pain Assessment and Spinal Service (IPASS).
- The team treat a wide range of chronic pain conditions affecting all areas of the body e.g neuropathic (or nerve) pain, back pain, scar pain, complex abdominal and pelvic pain etc.
- In addition there is a Mindfulness group programme for living with pain.

The session will be followed by a Q&A session and an opportunity for discussion over refreshments.



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